

Self-study CME

Answer TRUE or FALSE for the following questions (7 or more correct answers will earn 1 CME point):

Study material: pages 137–139 (CME points under application)

Deadline of submission: 15 March 2024

1. Zolpidem has a more specific effect on sedation than zopiclone. T / F
2. Relative to zolpidem, zopiclone is more similar to a benzodiazepine drug. T / F
3. Complex sleep behaviour is a hazard of z-drugs. T / F
4. The increased adverse events for zolpidem in Australia is due to more prescriptions. T / F
5. Competitive protein binding is a factor to consider in drug interaction. T / F
6. Parasomnias are divided into REM sleep and NREM sleep behaviour disorders. T / F
7. Complex sleep disorder due to medication use is a form of sleepwalking. T / F
8. In sleepwalking, the patient is in a state of deep sleep. T / F
9. Patients with complex sleep behaviour may have a partial memory of the event. T / F
10. Sleepwalking and complex sleep behaviour are often confused in published learned journal papers. T / F

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MCHK no. _____ Date _____