

23rd Regional Osteoporosis Conference

IOF & ISCD Course: 15 & 16 September 2023
Conference: 17 September 2023
Hong Kong Convention and Exhibition Centre

Healthy Bones, Happy Life:
Promoting Bone Health
Across the Lifespan



Organized by:

OSHK
The Osteoporosis Society
of Hong Kong

Programme (As of 20 June 2023)

17 September 2023 (Sunday)

All times indicated are Hong Kong Time (UTC +8)

Time	Session/Topic/Speaker
08:30 – 09:00	Registration
09:00 – 10:00	Session 1 - Osteoporosis in the Focused Groups (Part 1) Chairpersons: Dr. Ka-kui LEE, Dr. Raymond Hang-wun LI
09:00 – 09:25	Approach to Osteoporosis and Management in Patients with Chronic Kidney Disease (Virtual) Speaker: Prof. Paul MILLER, Distinguished Clinical Professor of Medicine, University of Colorado Health Sciences Center, United States of America
09:25 – 09:30	Q&A
09:30 – 09:55	Preventing Osteoporosis in Women with Premature Ovarian Insufficiency Speaker: Prof. Mary Ann LUMSDEN, Honorary Professor of Gynaecology and Medical Education, University of Glasgow, United Kingdom
09:55 – 10:00	Q&A
10:00 – 11:00	Session 2 - Osteoporosis in the Younger Women Chairpersons: Dr. Sue Seen-tsing LO, Dr. Grace Ching-yin WONG
10:00 – 10:25	Diet Intervention to Prevent Osteoporosis Speaker: Ms. Sylvia See-way LAM, Accredited Dietitian, Hong Kong Academy of Accredited Dietitians
10:25 – 10:50	Bone Health in Early Post-menopausal Women: Revision and Update Speaker: Prof. Mary Ann LUMSDEN, Honorary Professor of Gynaecology and Medical Education, University of Glasgow, United Kingdom
10:50 – 11:00	Q&A
11:00 – 11:30	Coffee Break and Poster Viewing
11:30 – 12:30	Session 3 - Osteoporosis in the Elderly Chairpersons: Prof. Timothy KWOK, Dr. Sheung-wai LAW
11:30 – 11:55	Fall Risk Screening and Prevention Strategies for the Elderly Speaker: Dr. Kenny Wai-ming WONG, Consultant, Tuen Mun Hospital
11:55 – 12:20	Fracture Liaison Service: 8 Years of Experience in the United Christian Hospital Speaker: Dr. Albert Yung-chak HSU, Consultant, United Christian Hospital
12:20 – 12:30	Q&A
12:30 – 13:30	Session 4 - Lunch Symposium (Sponsored by Amgen)
13:30 – 14:00	Session 5 - Guideline Session Chairperson: Dr. Andrew Yiu-yan HO
13:30 – 13:55	Highlights of the OSHK Osteoporosis Guideline 2023 Speaker: Dr. Tai-pang IP, Consultant; Head, Division of Endocrinology, Tung Wah Hospital
13:55 – 14:00	Q&A
14:00 – 14:15	Opening Ceremony Guest of Honour: Dr. Tony Pat-sing Ko, Chief Executive, Hospital Authority

Time	Session/Topic/Speaker
14:15 – 15:40	Session 6 - Advances in the Diagnostics in Osteoporosis & Osteoporosis in the Focused Groups (Part 2) Chairpersons: Dr. David Koon-kiu NG, Dr. Tin-wai WONG
14:15 – 14:40	Report Automation for Dual-energy X-ray Absorptiometry by Artificial Intelligence Speaker: Dr. Wai-yin HO, Consultant in Nuclear Medicine, Queen Mary Hospital
14:40 – 15:05	Use of Trabecular Bone Score: What, How and When? Speaker: Dr. Eunice Ka-hong LEUNG, Specialist in Endocrinology, Diabetes and Metabolism, Queen Mary Hospital
15:05 – 15:30	Osteoporosis in Men (Virtual) Speaker: Prof. Peter EBELING, Professor of Medicine, Monash University, Australia
15:30 – 15:40	Q&A
15:40 – 16:00	Coffee Break and Poster Viewing
16:00 – 17:25	Session 7 - Challenges in Osteoporosis Management Chairpersons: Dr. Alan Chun-hong LEE, Dr. Iris Sze-ling NGAI
16:00 – 16:25	Before and During Anti-resorptive Treatment – Advice from Dental Surgeon Speaker: Dr. Joan Chi-ching WAN, Part-time Clinical Lecturer, The University of Hong Kong
16:25 – 16:50	Atypical Femur Fracture – Perspective from Orthopaedic Surgeon Speaker: Dr. Ronald Man-yeung WONG, Clinical Assistant Professor, The Chinese University of Hong Kong
16:50 – 17:15	Atypical Femur Fracture – Pharmacological Treatment Before and After Speaker: Dr. Elaine Yun-ning CHEUNG, Clinical Associate Professor (Honorary), The Chinese University of Hong Kong
17:15 – 17:25	Q&A
17:25 – 17:30	Closing Remarks

The programme is subject to change without prior notice.